

# AUGUST 4, 2024

## 18th Sunday in Ordinary Time



*My brothers and sisters in Christ,*

The Holy Eucharist, the source and summit of our faith, is and has been the central focus of the church for centuries. This is not some odd reality. The thing that is odd is the thought process about Christ's real presence in the tabernacle, and even more so, His real presence in Holy Eucharist after the words of consecration in the holy mass.

As Catholics, we are constantly aware of the respect, honor, and glory that we give our Lord Jesus in Eucharist. The last supper, the moment when Jesus Himself explained what he meant when he told the large crowd, from John's gospel, *"So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day.'"*

*And the thousands that were following left him. All the signs and all the miracles, but this was just too much. But the twelve stayed, they did not know, nor did they understand. The only thing that they knew for sure was that Jesus was the son of God. So they stayed with him, and then supper came, and they ate and they drank, and they had life within them. They had Christ within them, just as we do when we receive.*

## Offertory Collection

The offertory collection for the weekend of **July 14, 2024** was \$5,381.00 and the online collection was \$2,432.00 for a total of \$7,813.00.

**Thank You!**

*Dear parishioners and friends of St. Helena,*

**This is a call for help to spruce up our property.** All skills are needed – such as, trimming and edging the grounds, helping with yard work or gardening, cleaning, organizing spaces and closets, etc. If you **enjoy** any of these tasks and have time to help, please contact the rectory.

**Would you like to become a Eucharistic Minister, Lector, Usher, and Greeter for our Masses?** Training will be held in August and be announced in the bulletin and Flock Notes updates. Interested? Contact Annie Duncan at the rectory Ext 106 or [aduncan@sainthelenas.org](mailto:aduncan@sainthelenas.org).

On Monday, August 5<sup>th</sup> at noon, the **January 2025 Mass Intention book** will open.



Please be advised that Fr. Hanley will **NEVER** send an email or text requesting funds or gift cards, nor will any person on the staff. Please share this information with anyone that you feel may be vulnerable.

## Weekly Intention

### Saturday, August 3<sup>rd</sup>

5:00 pm (CH) Catherine Kozak

### Sunday, August 4<sup>th</sup> - 18<sup>th</sup> SUNDAY/ORDINARY TIME

7:00 am (RW) James Spillan

9:00 am (CH) People of the Parish

11:00 am (CH) Brian Hopkins

### Monday, August 5<sup>th</sup>

9:00 am (CH) Melanie Fischer

### Tuesday, August 6<sup>th</sup>

9:00 am (CH) John T. Fedena & Rita Dusik

### Wednesday, August 7<sup>th</sup>

9:00 am (SR) Mark Gracias

### Thursday, August 8<sup>th</sup>

9:00 am (CH) Conversion of Poor Sinners

### Friday, August 9<sup>th</sup>

9:00 am (CH) Joseph Fedena

### Saturday, August 10<sup>th</sup>

9:00 am (CH) Marcella Jacobs

5:00 pm (CH) Catherine Kozak

### Sunday, August 11<sup>th</sup> - 19<sup>th</sup> SUNDAY/ORDINARY TIME

7:00 am (CH) Mary Lou Swiderski

9:00 am (CH) Greg & Annie Bilinski  
Living Intention

11:00 am (RW) People of the Parish

## Weekly Calendar

### Sunday, August 4<sup>th</sup> - 18<sup>th</sup> SUNDAY/ORDINARY TIME

**2<sup>nd</sup> Collection - Maintenance & Repair**

Food Collection - All Masses

### Monday, August 5<sup>th</sup>

6:30 pm Weekly Walk (School Parking Lot)

### Tuesday, August 6<sup>th</sup>

6:30-7:30 pm Open Prayer (Church)

### Wednesday, August 7<sup>th</sup>

After 9:00 am Mass - Stay to Pray the Rosary

### Thursday, August 8<sup>th</sup>

5:30 pm Bingo (Masci Hall)

6:30-7:30 pm Open Prayer (Church)

### Saturday, August 10<sup>th</sup>

After 9:00 am Mass - Pray the Miraculous  
Medal Novena

St. Helena Novena

### Sunday, August 11<sup>th</sup> - 19<sup>th</sup> SUNDAY/ORDINARY TIME

**2<sup>nd</sup> Collection - Social Ministry  
& Feast Assumption**

St. Helena Novena



## Rectory Hours

Monday - Thursday 8:30 am - 2:00 pm

Friday 8:30 am - noon

## Please Pray for our Sick Parishioners

Ruth Bower, Geri Crockett, Julia Davis, Toni Di Lezio, Sr., Susan Denis, Carly Fedena, Jim Fedena Sr., Paul Farren, Sr., Mary Gabel, Regina Gemignani, Michael Giberson, Patti Grimes, Felicia Hallahan, Sarah Hess, Ella Kirksey, Charlie Lafferty, Leila Lahan, Thomas Leo, Joseph Lichota, Aliyah Miller, Sara Murphy, Alex Newton, Dave Pacitti, Jane Parsons, Fr. Roy Pollard, Bridget Robinson, Helen Rupnicki, Kathleen Schaubert, Irma & Wally Schock, Eva Smith, Frank Sullivan, Janet Szubieolski, Mary Tabler, Catherine Thomson, Rose Marie Turcol, Catalina Weddle, Vaughn Whisker, Ann Wilson, Cindy Zych, Kathy Hope, Donna Dougherty, Gerri Fedena, Joseph Coen, Mary Smith, Peter Lauer, Robert Pagenkemper, Evelyn Deeney, Chuck Williams, Eve Archangelo, Kay Volk, Gay Meriggi, Pamela Grow, Walter Thomas, Abigail Cushing, Susan Watkins, John Fitzpatrick, Dorothy Medeiros, Juliann Congo, Catherine Williams, Janice Tigani, Staci McCoy, Carrie Spurlock & our friends at the Kutz Home.

To request an addition to our sick parishioners list, please contact the rectory with the name of sick parishioners who have approved their name being published in the bulletin. Be aware that names are not put on this list without the permission of the person being prayed for. Please let us know if you are well and are no longer in need of prayers so your fellow parishioners will not worry.



**St. Helena's goal is \$67,933.00**

Please consider a donation to help us reach this goal using the envelopes in the pews or by donating online at [www.cdow.org](http://www.cdow.org). Thank you!

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## Social Ministry Donations Needed

Our food closet could use: Juice, mac & cheese, and jelly (large and small).

Thank you for your generosity.

### Social Ministry Hours:

Monday - Thursday 9:00 am - noon

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## Religious Education

Confirmation is celebrated at St. Helena's in the spring for 8<sup>th</sup> graders. If you have a student attending St. Edmond's or Ursuline Academy please call Ms. Hummy at 302-762-4280 or email her at [hpennell@sainthehenas.org](mailto:hpennell@sainthehenas.org) to register. Students attending our Religious Education program are already enrolled.

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## Catholic Forum on Relevant Radio

Listen to Catholic Forum on Saturday afternoons at 1:30 on Relevant Radio 640 or listen anytime at [cdow.org/CatholicForum](http://cdow.org/CatholicForum) or search Catholic Forum on Apple, Spotify, Amazon Music or iHeartRadio podcasts. Select interviews are available at

[www.YouTube.com/DioceseofWilm](http://www.YouTube.com/DioceseofWilm)

## Become a Parishioner

If you are interested in becoming a parishioner of St. Helena Church, please complete the form linked to this QR code. You may also register on our website <http://www.sainthehenas.org>. Click on 'How Do I' in the top menu or call the rectory office at 302-764-0325.



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## Open Prayer

**TUESDAYS and THURSDAYS**

**August 1<sup>st</sup> - 29<sup>th</sup> | 6:30 pm - 7:30 pm**

Options - rosary, quiet prayer, music ministry, and more.

Uncomfortable about coming? Come anyway.

Ask for Laura when you arrive.

Enter through church door marked with a yard sign.

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## St. Helena's Walking Club



A group will be walking each Monday evening at 6:30 pm this summer starting 6/10! **Join our growing group whenever you'd like! We went from 1 walker to 6 to 13!** All are welcome! - all ages, parishioners and non-parishioners! We will determine a route(s) each evening depending on walkers' abilities. Lots of routes are possible in Bellefonte! - varying from just once around the block to longer routes on flat side streets to even more challenging hills! Meet in the St. Helena's parking lot by the school at 6:30 pm!



## 2024 St. Helena Novena Schedule

**Day 1 Saturday, August 10 Helena** – Dying to Self

3:30-4:00 pm confessions

4:00-4:45 pm Adoration

5:00 pm Mass

**Day 2 Sunday, August 11 Helena** – The Bread of Life

6 pm Adoration

7 pm Mass

**Day 3 Monday, August 12 Helena** – Is She the Sheep or is She the Shepherd?

6 pm Adoration

7 pm Mass

**Day 4 Tuesday, August 13 Helena** – Accepting the Nails

6 pm Adoration

7 pm Mass

**Day 5 Wednesday, August 14 Helena** – Gathering the People

6 pm Adoration

7 pm Mass

**Day 6 Thursday, August 15 Helena** – Blessed are They that Hear the Word

6 pm Adoration

7 pm Mass

**Day 7 Friday, August 16 Helena** – For the Sake of the Kingdom

6 pm Adoration

7 pm Mass

**Day 8 Saturday, August 17 Helena** – The Kingdom of Heaven Belongs to Everyone

3:30-4:00 pm confessions

4:00-4:45 pm Adoration

5:00 pm Mass

**Day 9 Sunday, August 18 Helena** – The Bread from Heaven is in Our Midst

6 pm Adoration

7 pm Mass